IT’S A NEW DAY AT BVMI...
BEGINNING 2020, WE WILL BE “OPEN FOR CARING” ON SATURDAYS

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We have great news to report! BVMI’s 10th Anniversary Gala on September 13 was an amazing success. It was a fun night, of course. But thanks to your generosity, it was also the night that cemented our ability to open BVMI’s clinic on Saturdays, starting in January.

We’re more energized than ever to bring BVMI’s mission to life in the best ways possible. Offering free healthcare is critical to our patients’ well-being, but truly meaningful healthcare goes even deeper. This includes some serious work around what is known as Social Determinants of Health (SDOH). We need to understand how childhood experiences, education, income, employment, behaviors and social skills affect the health status of the people we serve.

As part of BVMI’s strategic plan, we’ll be hiring a case manager in 2020 to screen patients for their SDOH. The results will help us determine what other types of support our patients need to achieve the quality of life they deserve.

So keep on reading…about our Saturday Superstar donors, and what their gifts will mean to patients like Mildred…and about Rolf and Emily Henel, generous and long-time supporters of BVMI. Find out what’s happened lately with our Korean Healthcare Program and Prevent Diabetes Program. Lastly, enjoy the photos of our gala!

Amanda Missey, President/CEO
amissey@bvmi.net
201-518-8484

DEAR FRIEND

Another dream has come true at BVMI. Beginning in 2020, BVMI will be “Open

NEW DECADE, NEW

“I am so glad that BVMI will soon be open on Saturdays. Now I won’t have to take off a half day from work to come to my appointment.”

Life Just Got Easier

Commuting to New York City for work each day takes time and energy. But the healthcare benefits are worth it – if you can afford them.

BVMI patient Mildred is very grateful for her job, but she simply can’t manage the premiums she would have to pay for the health insurance her employer offers. She’s not alone in this dilemma. Many other hard-working people who live in Bergen County face the same challenge. That’s why Mildred came to BVMI a little over a year ago, when she learned about us from her sister, who works at a local shelter.

“I receive excellent care at BVMI,” said Mildred. “The people are so nice. Dr. Henry Lau is truly a sweetheart. He explains everything in detail and is helping me to manage my cholesterol levels.”

Mildred went on to tell us she now has something else to be grateful for: “I am so glad that BVMI will soon be open on Saturdays. Now I won’t have to take a half day from work to come to my appointment.”

We’re just as grateful as Mildred for the opportunity to be here on Saturdays.
To our donors and volunteers, know that you made it happen!

WHY SATURDAYS MATTER...

- More Convenient for patients who work full time
- More flexible scheduling options for our volunteers
- Shorter wait time for new applicants to be approved
- Ability to increase number of patients served
- Meets ongoing, growing need in the community

SAVE THE DATE
2020 ANNIVERSARY GALA
September 17, 2020
Edgewood Country Club
Saturday Superstars

At our 10th Anniversary Gala’s live Greatest Need Appeal, we raised more than $94,000 of the $104,000 goal and counting! These essential contributions will be used for the expenses that come with our extended hours.

If you donated to the Appeal, you’re a Saturday Superstar! Let’s meet a few of you:

Kevin Lynch (cover photo lower right)
President and CEO, Oritani Bank
The Oritani Bank Charitable Foundation has supported BVMI since 2010. Mr. Lynch represented both the bank and the OritaniBank Charitable Foundation at our Gala and made a generous donation to the Greatest Need Appeal. We appreciate this support more than we can say in a few words — and our patients appreciate it, too.

Jane Morais (cover photo lower left)
Eligibility Volunteer
A friend of BVMI founder Dr. Samuel A. Cassell, Jane has volunteered with us since 2009. “When I usher a new patient in to discuss eligibility, I know I’m taking a critical step toward improving that person’s quality of life. I gave to the Appeal because Saturday hours are a necessity for many of our patients. I am so proud to be part of BVMI.”

Sue Dyrness (cover photo upper right)
BVMI Manager, Donor Relations
After a long career in Sales Operations, Sue planned to take some time off to figure out what was next. “I knew Amanda (Missey) from a local gym. She approached me about volunteering at BVMI. I became a project manager for their strategic planning effort. When the chance to join the fundraising team as a part-time employee arose, I jumped on it. And I gave to the Appeal because I know the impact BVMI can make on even more patients.”

Howard Lipton, DO (cover photo upper left)
Clinical Volunteer and BVMI Associate Medical Director
Another friend of BVMI founder Sam Cassell, Dr. Lipton has been a clinical volunteer here since 2009. “I volunteer at BVMI so that I can continue to practice in the profession I enjoy so much. I also know that my gift to the Greatest Need Appeal will be a great help to patients who simply cannot take off from work on a weekday to come to our healthcare center.”

Lee Meluban (below left)
Volunteer
“I became involved with BVMI when I moved back home to New Jersey after attending university. I was looking for ways to volunteer and serve in my local community. Primarily, I work on the administrative side of things — most recently, preparing for the Gala — but also on community outreach, recruitment materials and patient scheduling. I gave to the Greatest Need Appeal because of the tangible health implications of BVMI’s work in Bergen County. I want more people to benefit.”

Katherine Montgomery (below right)
Eligibility Volunteer
A BVMI volunteer since 2016, Katherine also serves on the Anniversary Gala Committee — and her husband is a physician with the Valley Health System. “The sigh of relief from patients when I can tell them they’re eligible for our medical care is reaffirming. These are hard-working individuals trying to care for their families. I gave to the Appeal so these patients don’t lose income during the week. My husband and I are also thrilled that our daughter, Sophie, volunteered at BVMI this past summer as a medical scribe. It confirmed her desire to pursue a career as a physician.”

If you’d like to contribute to the Greatest Need Appeal, it’s never too late! You can still make a donation and direct it to ‘2019 Greatest Need’ on the return card included with this newsletter, online at www.bvmi.org, or contact Sue Dyrness at sdyrness@bvmi.net.
MISSION

Powered by passionate volunteers, BVMI meets the medical needs of low-income, working, uninsured adults in Bergen County by providing free, comprehensive, patient-centered primary healthcare.

BVMI's Korean Healthcare Program has been expanding its footprint in our communities. Program Manager Sarah Park reports, "Since our launch in January, the number of Korean patients has more than tripled from 15 to 55 (as of September). An additional 34 are waiting for their eligibility interviews.

"We’re learning more about these patients’ unique health issues, so we can serve them in the best possible ways. But to keep up the momentum, BVMI needs to recruit more volunteer doctors who can speak the Korean language. Please help us spread the word! Interpreters have been working with our existing medical volunteers, and we have hired a part-time Korean-speaking Nurse Practitioner. We hope to add a Patient Navigator to the team, for phone inquiries, appointment scheduling, and referrals to local hospitals and specialists. We will also be providing cultural competency training for our practitioners and staff."

A welcome touch is the recent donation of Korean children’s books for our reception area. They sit in good company with the Spanish and English language books in our collection; children are encouraged to choose a book and take it home.

LEFT: Eun Choi, DNP, APN, with a BVMI patient.

UPDATE: Prevent Diabetes Program

“This is your year to make lifestyle changes.” That’s what Gloria Jekic, RN, told her first two cohorts of participants in BVMI’s Prevent Diabetes Program (PDP). And they did.

“I’m so proud of what both the daytime and evening groups have accomplished,” said Gloria. “They will finish in December, and all of them have made progress. Their lab work is good. Some have seen a drop in their A1c levels (an average of blood sugar levels over time), and one person even lost 12 pounds.”

A few months ago, one of the participants asked Gloria, “Why can’t we just take a pill to stave off diabetes?” She replied, “Oh, the medicine I have for you is coming soon.” That medicine was BVMI’s free farmers market, which ran from June to September, and provided participants with 11 pounds of produce each week. Now everyone has learned why and how to eat more fruits and veggies on a regular basis.

A three-month membership at the Hackensack YMCA motivated participants to start an informal walking club — and as a show of support, Gloria walks with them. “It’s good for me too, and it keeps us bonded.”

The third cohort, which started in July, includes eight people and meets on Saturdays. “They are very enthusiastic, with 83% attendance,” said Gloria. “Using lessons learned, we’ve tweaked our schedule. And our first group of accountability coaches suggested more formal training for new coaches, and more of a presence during activities. We’re doing both.”

PDP participants (L-R): Miriam, Gladys, Gloria Jekic, RN (BVMI PDP Manager), Ana and Lucy.

UPDATE: Korean Healthcare Program

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THANK YOU!
TOGETHER WE CAN DO MORE

THINKING AHEAD,
GIVING TODAY ...

For those of us who keep a “To Do” list, we know it’s always a work in progress. The things we don’t get to today simply move along... to the list for tomorrow, next week or “whenever.”

Not so for Rolf and Emily Henel, who made a big “check off” on their list some time ago. The Henels named BVMI in their wills, a big step. As we wish them continued good health, we are also very grateful for their forward-thinking gift.

“No one lives forever,” said Rolf. “Emily and I both feel that being able to leave a substantial gift to BVMI in your will is a great feeling. It’s easy to see how much this medical team of special people cares about the physical and the emotional health of their patients. And so we provide annual support to BVMI, too.”

During Rolf’s business career at a large pharmaceutical company, he developed an understanding of health needs and medicine. When a friend told him about BVMI, his first reaction was to “do the numbers and ask around.” Rolf liked what he heard and what he saw. The patient roster was growing, despite budget challenges early on. And founder Dr. Sam Cassell’s vision that BVMI patients receive only high quality care was being fulfilled. Emily also knew some of the board and staff members, and believed in what they were doing.

Rolf’s relationship with BVMI ultimately expanded to include a term as Board Chair. Today, he and Emily are proud to continue in their roles as financial supporters and advocates. “When we tell people about BVMI, they’re impressed with what happens at the clinic,” said Rolf. “And thanks largely to Medical Director Dr. Art De Simone, the organization has excellent relationships with local hospitals. If inpatient care becomes needed, there’s a good chance that help can be provided.”

Looking ahead, what else would the Henels like to see BVMI accomplish? “First, signing on more volunteer doctors and nurses, so BVMI can continue expanding,” said Rolf. “Another great addition would be basic, routine dental care.”

With more donors like Rolf and Emily, you never know...

TAKE THE LEGACY CHALLENGE

BVMi has established the Dr. Samuel A. Cassell Legacy Society so that we may continue to grow in ways that matter to our patients.

Through your estate plan, you can make a gift that will improve the lives of so many for years to come.

Help us secure the future of BVMI while making an impact today.

Here’s how you can help:

1. Pick the legacy gift option that works for you.

   You can include us in your will or name us as the beneficiary of your retirement plan, bank account, donor-advised fund, or life insurance policy.

2. Let us know by December 31, 2019.

   If you have already pledged a legacy gift, or you’re creating a new one, please complete the form on the enclosed card and return it to BVMI.

3. Multiply your impact.

   For every new planned gift, BVMI will receive $10,000!

To get started, contact Amanda Missey
BVMi CEO
201-518-8484
amissey@bvmi.net.
Healthcare Partner Award – Hackensack University Medical Center
Mark Sparta, HUMC President; Richard Schwabacher, BVMI Chair; and Shannon Lazare, BVMI Gala Chair

Healthcare Partner Award – Bergen New Bridge Medical Center
Gian Verbaro; Barbara Plascik; Rosemary Klie; Deborah Visconi, BNBMC President; Jennifer D’Angelu; Donnalee Corrieri; and Aaron Hajart

Carol Cassell won the Hamilton tickets!

Corporate Sustainer Award – Horizon Blue Cross Blue Shield of New Jersey
Filomena Machleder and Jonathan Pearson, HBCBSNJ; Amanda Missey, BVMI CEO; Renee Woodside and Bridget Hickey, HBCBSNJ

Healthcare Partner Award – The Valley Hospital
Dr. Rakesh Sharma, The Valley Hospital; Dr. Art De Simone, BVMI Medical Director; Dr. Amita Kalia and Dr. Puneeta Sharma, The Valley Hospital

Healthcare Partner Award – Englewood Health
Richard Schwabacher; Dr. Karlene Williams, Englewood Health; and Shannon Lazare

Healthcare Partner Award – Holy Name Medical Center
Richard Schwabacher; Kristen Silberstein, HNMC; and Shannon Lazare

Founders Award – Mike Armellino and Lynn Diamond
Amanda Missey; Debbie Herman; Mike Armellino, Honoree; Janet Sharma; and Elaine Adler. Not pictured: Lynn Diamond

Visionary Award – “Gang of Five”
Janet Finke, Carol Cassell and Susanna Kopchains (accepting for Dr. Sam Cassell); and Dr. Earl Wheaton. Not pictured: Dr. Charles Kordula and Dr. David Roth

A BIG THANK YOU!
BVMI’s Gala on September 13 was a tribute to everyone who has made it possible for us to provide high quality healthcare to the medically uninsured in Bergen County.
More than 300 people joined us at this milestone Gala, and we appreciate the BVMI staffers and volunteers who organized such a successful event.

We set our fundraising sights high – $350,000 – and we made it, thanks to our sponsors and every person that purchased a ticket. Nearly a third of the dollars raised will now make it possible for patients to see us on Saturdays.

You’ve brought the vision of our founder, Dr. Samuel A. Cassell, from dream to reality. Thanks again from all of us who call “The House That Sam Built” our second home.

**DIAMOND SPONSOR**

Hackensack Meridian Health
Hackensack University Medical Center

This 781-bed nonprofit teaching and research hospital, located in Bergen County, is the largest provider of inpatient and outpatient services in the State. It was the first hospital in NJ, and second in the nation, to become a Magnet hospital recognized for nursing excellence, receiving its sixth consecutive designation in 2019.

**PLATINUM SPONSORS**

Englewood Health

Founded in 1890, Englewood Health is one of NJ's leading hospitals and healthcare networks. This healthcare system delivers nationally recognized care and consistently earns high marks for clinical excellence and safety.

Holy Name Medical Center

HNMC is fully-accredited nonprofit healthcare facility based in Teaneck, NJ. Founded in 1925 by the Sisters of St. Joseph of Peace, the comprehensive 361-bed medical center offers leading-edge medical practice and technology administered in a tradition of compassion and respect for every patient.

Horizon Blue Cross Blue Shield of New Jersey

Serving 3.7 million members, HBCBS of NJ is a tax-paying, nonprofit health service corporation, providing a wide array of medical, dental, vision and prescription insurance products and services.

Inserra Shop Rite Supermarkets

Family owned and operated neighborhood supermarkets proudly caring for and serving our communities for over 75 years in Bergen County and other locations around NJ.

Valley Health System

Located in Ridgewood, NJ. The Valley Hospital is an acute care, nonprofit hospital with 431 licensed beds. Valley is proud to be the hospital of choice of hundreds of thousands of residents in Northern NJ and has been ranked by NJBIZ the fifth busiest hospital in the state.

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